

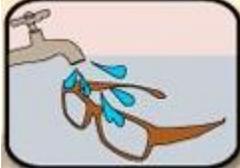
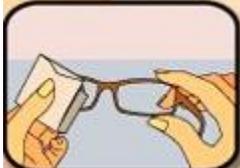
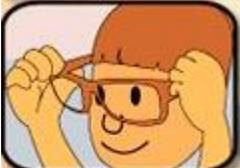


U.S. Department of Veterans Affairs

Veterans Health Administration  
VA Portland Health Care System

# EYE CLINIC

## How to care for your eyeglasses

Rinse with cold water or use eyeglass cleaning solution to remove debris and clean glasses.	
Always use a Micro-fiber lens cloth on your lenses to avoid scratches.	
Take off glasses with both hands to reduce misalignment.	
Avoid leaving glasses in high temperature places, this may crack the coating on your lenses.	
Always place glasses with the lenses facing up to reduce wear.	

Please use secure messaging or call the Eye Clinic at **(503) 721-7890** (option 3 for the optical shop) with any questions or problems. Hours are Monday through Friday, 8:00AM to 4:00PM.